

Thursday February 6, 2020

Issue 2

Dear parents and carers,

This week, we have settled into our new routines and have enjoyed a smooth start to the new year. It has been fantastic to see the children take on new roles and responsibilities in a positive fashion. Thank you children!

Thank you to those families who have already returned their **Emergency Contact updates**. Please be aware that we are required to collect this information on an annual basis – it helps us to ensure that we have your most up to date contact information.

Working with Children Checks - Please remember to forward a copy of your working with children check as soon as you have it available. All parents and community members who assist us at school are requested to obtain a WWCC. See below for additional information.

House Captains - Congratulations to the children who have been elected as house captains for 2020.

Augustine – Henry Clifton and Charlie Ryan

Dominic – Genevieve McLelland and Jacky Xia

Xavier – Hugh Knight and Banjo Metcalfe

Already, the captains have assisted with organising equipment for the swimming carnival, and have given input into how our lunchtime cricket games can flow smoothly.

I am certain that the house captains will do a terrific job in their new roles.

Swimming Carnival - Things to remember for today's swimming carnival –



- be sun smart
- have fun and be a good sport

Do not bring or wear coloured zinc or coloured hair

We plan to begin the carnival as promptly as possible to ensure that we are able to complete all necessary events in good time. Events will begin

at 5:00pm. *The pool's regular canteen will be in operation tonight.*

Please be at the pool at 4:50pm.

This year we are using the Meet Manager program and the Dolphin timing system, this is a continuation of the transition to electronic record keeping for carnivals. I would like to thank the Grenfell Swimming Club for their assistance and support which has enabled us to use this equipment tonight. Thank you in advance to everyone who has volunteered their time to ensure the smooth running of the events – your support and assistance is appreciated.

Please note the Western Region swimming carnival is set down for Monday Feb 17 in Harden.

Parent Information Evening — our Parent information evening is to be held on Wednesday February 19 beginning at 5:00pm. We are looking forward to meeting you and sharing with you, information about your child's class in 2020.

School counsellor – our school counsellor will make her first visit for 2020 next week. Each year, the counselling service requires for parent referral forms to be updated. If your child accesses this service, please return an updated form by Monday. A copy of this form is attached. This year we have secured additional visits to enable this service to continue operating successfully. We will have our counsellor visiting 4 times per term. I encourage you to make use of the opportunity to access support for your children.

DATES TO REMEMBER	
FEBRUARY	
06/02	5:00pm Swimming Carnival
10/02	10:00am Opening Mass & Captain Induction
10/02 – 14/02	Swim Safe
19/02	5:00pm Parent Information Night

Hennessy BBQ – each year staff from Hennessy Catholic College in Young host a BBQ for our school community. This year's BBQ will be held on Wednesday Feb 19 from 5:30pm.

SCHOOL NEWS

Book Fair – this year, our book fair will be held from March 9-13. More information will be sent out closer to the event.

Swimming – the second block of our Swim Safe program will run next week. The information attached is for your reference. All children need to have their swimming gear at school on Monday.

Book Club – flyers were sent home yesterday, please finalise your orders by Friday February 14.

Japanese lessons – our Japanese program for Yr. 2/3/4 and Yr. 5/6 began on Tuesday. This year we will be using our electronic meeting system for lessons with Sensei Ken and Sensei Peta.

Emergency Contacts/Medical Updates- At the start of every year there are many things that we need to update here at school. An update form is attached to this newsletter. This is the general permission slip and the emergency contact information sheet. Please fill in this form and return it to school, so that we will be able to contact **you easily** if need be.

This also helps us to be aware of any allergies that your children may have. Please note that if your child is an asthma sufferer it is up to you to provide an asthma plan to us at school.

It is important to return this update sheet to school as soon as possible, as many children have allergies to different items, sometimes these are food-based allergies and sometimes children have other triggers that cause their allergic reactions.

Making this information available to school staff helps us to be aware of possible situations that may cause an allergic reaction. If your child needs to have medication at school, please send a note to the front office explaining times and dosages.

Asthma Plans – if your child suffers with Asthma, please ensure that you send an updated

Asthma Plan to school. A copy of an asthma plan is attached and can be filled in in conjunction with your family doctor.

Uniform orders – an order form is attached for those in need of additional uniforms. Please return all orders to school by *Friday February 7*.

Volunteer Checks – we are endeavouring to ensure that our processes at school are in line with those across a range of areas.

As such, it is time to remind everyone to ensure that your volunteer checks are up to date. If you have not sent a copying of your most recent volunteer check to school, please update it through the following website:

<http://www.kidsguardian.nsw.gov.au/child-safe-organisations/working-with-children-check/apply/apply>

There is no cost for volunteer checks.

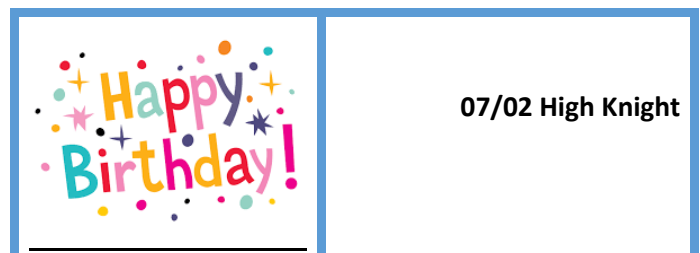
If you already have a current volunteer WWCC as part of your involvement in children's sports or other programs outside of school, we would appreciate if you would send a copy to school.

We thank you for your understanding and cooperation in completing these checks.

P & F News – Please note the Annual General Meeting is to be held on Tuesday February 18, 2020 at 7:00pm in our school library. All executive positions will be vacant.

Sincerely

Bonnie Clancy



REC NEWS –



**to the
St Joseph's School
Opening Mass
for 2020**

Date: Wednesday February 12

Place: St Joseph's Church

Time: 10 am

All welcome!

This is a special community celebration where we recognise the new Kinders and the school leaders for the new school year. If your child is a leader for 2020 (school captains, SRC representatives, Sport Captains) and you are unable to come to the mass, please try to arrange for someone to come to the mass to pin on your child's badge. This makes the occasion extra special for each child!

We hope to see you there.

Many blessings,

Leslie King

CLASS NEWS - K/1

The start of the new school year is exciting for everyone but especially for K/1. The new Kinders have so many new routines to learn, friends to make, games to play and new places to explore.

The Year One students have been helping the new Kinders in many different ways. They have been helping them with number work and letter sounds, classroom routines and jobs, using technology and encouraging them to share their ideas with the class during class discussions.



We have already had a visit to the church to see how a church is different from other buildings, and to begin to prepare the students for the Opening Mass, which will be celebrated next Wednesday. The most exciting thing was having the chance to ring the big bell!

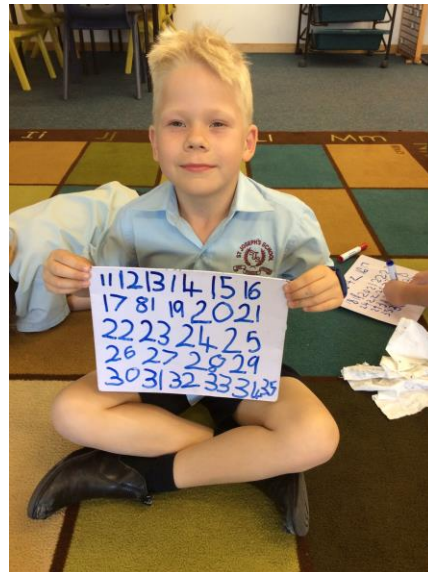


The K/1 students have also had their first Library lesson and Ms Clancy is teaching them how to find (and put away) books using the first letter of the author's last name. The Year One students are becoming more familiar with where to find books by their favourite authors.



We are using Jolly Phonics in K/1 again this year and we have already learned the sounds for s,a,t,p,i, and n. Homework folders will be sent home next week with readers and number formation worksheets for all students. Sight words will be sent home later in the term. Please join us for the Parent Information Night for more information about readers and sight words.

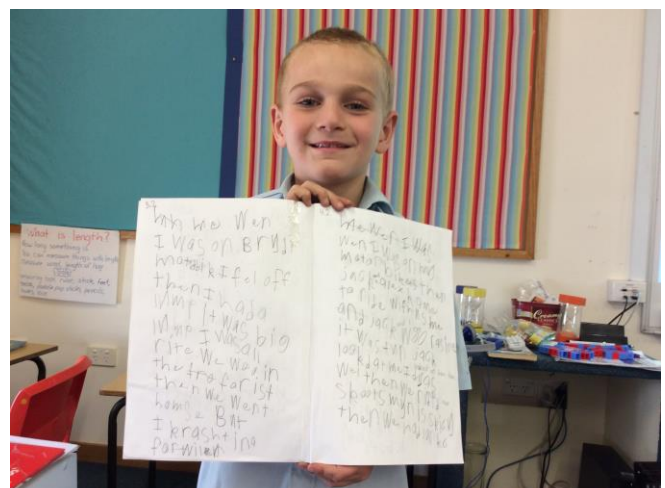
The K/1 students have also enjoyed some reading time with the 'big kids' from Year 5/6. We are going to continue this practice for the year as it gives the K/1 students an authentic opportunity to share their reading with support and encouragement.



Writing is a feature of our work each day in K/1 and next week the students will be publishing their first books for the year. Please support their efforts by sharing their books with them when they come home. I look forward to seeing you at the Parent Information Night and at next week's Opening Mass.



Number work is a favourite in K/1 and the students are learning to count groups of objects in different ways. They are also learning (or revising) how to form numbers correctly.



SPORTS NEWS

Term One is a very busy time for sport. Our Swimming Carnival will be held today, commencing at 5.00 p.m. at the Grenfell Aquatic Centre.

St Joseph's Cross Country will be held later in the term.

For those students who are eligible and interested, the following events will also be held throughout the Archdiocese in Term One.

Canberra/Goulburn Basketball-Nominations close 6th February

Canberra/Goulburn Tennis- Nominations close 6th February

Canberra/Goulburn Soccer- Nominations close 14th February

Canberra Goulburn AFL Trials-18th February (Wollongong)

Canberra Goulburn Cricket –Nominations close 13th March

Canberra Goulburn Netball Team- Nominations close 20th March

Canberra Goulburn Hockey (Individual)-Nominations close 20th March

Canberra Goulburn Netball and Rugby League (Individual)-Nominations close 27th March

Canberra Goulburn Touch Football- Nominations close 1st April

Please indicate your expressions of interest to Mrs Best for any of these events by Tuesday 4th February, 2020. (loyola.best@cg.catholic.edu.au)

COMMUNITY NEWS

GRENFELL

Public

LIBRARY



1,000 Books before school

The 1,000 Books before school programme encourages early-childhood literacy and introduces young children to the world of reading.

Parents can join children at any stage during the year. The target of 1,000 books may seem huge but can easily be achieved in less than three years with little effort. If the child attends Storytime at the Library, the books read will count towards the 1,000 total. An investment of one book a day, three to four minutes is all that is necessary to open a child's mind to a lifelong love of books and learning.



Children will receive certificates as they reach the milestones of 50, 100, 250, 500, 750 and then 1,000 books to mark achievement, so when the child starts school or preschool they will not only have a handful of awards to show their teachers and classmates, they will also have a head start in learning to read and write.

Start reading anytime

Kids starting school 2021 finish reading 30 January 2021 at midday.

Presentation of certificates will be held quarterly



new u16's comp • \$20 each
sticks provided • 7 weeks
more details on  



**YOUNG COMBINED
HOCKEY**

**Starts Sunday
Feb 23rd - 4pm**

February Movies

Come and enjoy a free movie or two

Free entry. Booking of seats is preferred.

FOGL will be running a candy bar.

No hot food or alcohol allowed.

Bring your own bean bag or cushion for comfort. Chairs are provided.

Sessions

Saturday 8 - 7.45pm for an 8pm start – Judy



Grenfell Public Library – 6343 1334



Baby Bounce and Storytime

Join us for Baby Bounce and Storytime every 2nd Wednesday during school term.

Baby bounce is for babies aged from birth to 2 years old.

Storytime is for kids aged 3 to 5 years old.

Baby bounce will start at 10.30am for 15 minutes.

Storytime will start at 11am.

Siblings are welcome at each session.

Plus, all stories read during these sessions count towards the 1,000 books before school program.

2020 Dates

Feb 5 and 19

Mar 11 and 25

Apr 8

May 6 and 20

June 10 and 24

Jul 22

Aug 12 and 26

Sep 9 and 23

Oct 14 and 28

Nov 11 and 25

Dec 9

Grenfell Public Library

6343 1334

Leisure Group

GRENFELL UNITING CHURCH LEISURE GROUP
COURSES AVAILABLE FOR

TERM ONE 2020

1. Patchwork
2. Needlework – Hardanger, Cross-Stitch...
3. Papercrafts - Colouring, Scrapbooking, Card-Making
4. Gentle Exercise
5. Crochet/ Knitting
6. Rare Crafts – including Beading
7. Cards and Board Games
8. Sewing for Beginners
9. Guitar for beginners

Registration and Start: Thursday February 6th, 2020 - 9.30am (or beforehand by phone – see below)

Courses Finish: Thursday April 9th, 2019 (10 weeks)

Where? Uniting Church Hall, Camp Street, Grenfell

When? Thursdays, 10am till 12 noon

How Much? \$25 per term. Includes Tuition, Child Care and Morning Tea

Enquiries & Phone Registrations: Norma Walker 6343 1809

ALL WELCOME

Dates for your Calendar

FEBRUARY

3	4	5	6 <i>Swimming Carnival 5pm</i>	7	8	9
10	11	12 <i>Opening Mass – 10am</i>	13	14	15	16
SWIM SAFE						
17 <i>WR Swimming - Harden</i>	18 <i>7:00pm - Parents & Friends AGM</i>	19 <i>Parent Information Night @ 5pm</i> <i>BBQ with Hennessy Staff – 5:30pm</i>	20	21	22	23
24	25	26	27	28 <i>MUFTI DAY</i>	29	MARCH 1

MARCH

2 <i>Archdiocesan Swimming - Narooma</i>	3 <i>Hennessy CC Open Day</i>	4	5	6	7	8
9	10	11	12	13	14	15
<i>Book Fair</i>						
16	17	18	19	20	21	22
23	24	25	26 <i>School Cross Country</i>	27 <i>MUFTI DAY</i>	28	29
30	31	APRIL 1	2	3	4	5

APRIL

6	7	8	9 <i>Last day of Term 1</i>	10 <i>GOOD FRIDAY</i>	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 <i>ANZAC DAY</i>	26
27	28	29	30 <i>WR Cross Country - Grenfell</i>	MAY 1	2	3

MAY

4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25 <i>Archdiocesan Cross Country – Mt Stromlo</i>	26	27	28	29	30	31

JUNE

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21

Aspire – to be our best

Believe – that Jesus is with us

Connect – with each other, the world and God

St Joseph's School Uniform Invoice

Family Name: _____
Date: _____

Item	Quantity	Size	Unit Price	Total Price
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Boys Uniform

Winter Boys Classic Shirt - Sky blue Long Sleeve		4-8	\$27.00	
		10-34	\$27.00	
Winter Boys Elastic back Pant		4-16	\$31.00	
Double Knee Navy				
Summer Boys Classic Shirt - Short sleeve		4-8	\$26.00	
		10-34	\$26.00	
Summer Boys Junior Shorts		4-16	\$19.00	

Girls Uniform

Winter Girls' pin-tuck blouse Peter Pan collar Sky Blue Long sleeve		6-26	\$30.00	
Winter Girls - Tailored Bootleg Pant Navy		4-16	\$32.00	
Winter Girls - Pleated Day Skirt Navy		4-16	\$30.00	
Summer Girls - Pin tuck blouse Short sleeve Sky blue		6-26	\$29.00	
Summer Girls - Skort Navy		4-22	\$24.00	
		3+	\$14.00	
		5+	\$14.00	
		9+	\$14.00	
		13+	\$14.00	
		Small	\$14.00	
		Average	\$14.00	
		Tall	\$14.00	
Winter Girls - Cotton tights		Adult		

Item	Quantity	Size	Unit Price	Total Price
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Sports Uniform

Children's Polo Shirt Short Sleeve - Maroon		4-16	\$23.00	
Children's Sport Short Microfibre - Navy		4-16	\$15.50	
Children's Sport Pant Microfibre - Navy		4-16	\$30.00	
Children's Sport Jacket Microfibre - Navy		4-16	\$42.00	

Other Items

Hat		Small	\$12.00	
		Med	\$12.00	
		Large	\$12.00	
Pullover - Wool Maroon		4-8	\$64.00	
		10-16	\$71.00	
Pullover - Cotton Blend Maroon		4-8	\$49.00	
		10-16	\$49.00	
		5-8	\$19.00	
		9-12	\$19.00	
		13-3	\$19.00	
		2-8	\$19.00	
		7-11	\$19.00	
		S-M-L	\$20.00	
		4-16	\$50.00	
Boys & Girls - Knee High Socks 3 pack Navy		child		
Sizes relate to shoe sizes		Adult		
Tie			\$20.00	
Winter Jacket				

MAZE Batch No: _____

Total Price

Payment Receipt

Payment for uniforms has been made using the following:

CASH

EFT

CHEQUE

Signature: _____

Date: _____

St Joseph's Primary School
BSB: 062786 ACC: 10248
Message = Family Name - Uniforms

Referral Form

Form No:

Review Date:

Student Name:	Class and Teacher:
Date of birth: Gender:	Date of referral:
Aboriginal or Torres Strait Islander:	Parents separated? Y / N
Cultural/linguistic background:	Person Making Referral:
Parent/Carer 1 Name:	Parent/Carer 2 Name:
Address:	Address:
Phone:	Phone:
Email:	Email:

Reason for Referral: (if no reason given, the counsellor will contact you)	
Goal(s) for counselling:	
Other services/supports in place:	Are there any safety concerns?

Do you provide consent for counselling? (Please circle) Yes / No	
<i>Both parents are required to sign where separated/divorced. Each parent will be sent a referral form</i>	
Parent 1 Signature:	Parent 2 Signature:
Principal's Signature:	

COUNSELLOR'S USE ONLY

DATE RECEIVED:

Follow up:

Priority (circle):

Low

Moderate

Urgent

ASTHMA ACTION PLAN

Take this ASTHMA ACTION PLAN with you when you visit your doctor

NAME

DATE

NEXT ASTHMA CHECK-UP DUE

DOCTOR'S CONTACT DETAILS

EMERGENCY CONTACT DETAILS

Name

Phone

Relationship



WHEN WELL *Asthma under control (almost no symptoms)*

ALWAYS CARRY YOUR RELIEVER WITH YOU

Your preventer is:
(NAME & STRENGTH)

Take puffs/tablets times every day
☐ Use a spacer with your inhaler

Your reliever is:
(NAME)

Take puffs

When: You have symptoms like wheezing, coughing or shortness of breath
☐ Use a spacer with your inhaler

Peak flow* (if used) above:

OTHER INSTRUCTIONS

[e.g. other medicines, trigger avoidance, what to do before exercise]



WHEN NOT WELL *Asthma getting worse (needing more reliever than usual, having more symptoms than usual, waking up with asthma, asthma is interfering with usual activities)*

Keep taking preventer:
(NAME & STRENGTH)

Take puffs/tablets times every day

☐ Use a spacer with your inhaler

Your reliever is:
(NAME)

Take puffs

☐ Use a spacer with your inhaler

Peak flow* (if used) between and

OTHER INSTRUCTIONS

[e.g. other medicines, when to stop taking extra medicines]

☐ Contact your doctor



IF SYMPTOMS GET WORSE *Severe asthma flare-up/attack (needing reliever again within 3 hours, increasing difficulty breathing, waking often at night with asthma symptoms)*

Keep taking preventer:
(NAME & STRENGTH)

Take puffs/tablets times every day

☐ Use a spacer with your inhaler

Your reliever is:
(NAME)

Take puffs

☐ Use a spacer with your inhaler

Peak flow* (if used) between and

OTHER INSTRUCTIONS

[e.g. other medicines, when to stop taking extra medicines]

Prednisolone/prednisone:

Take each morning for days

☒ Contact your doctor today



DANGER SIGNS *Asthma emergency (severe breathing problems, symptoms get worse very quickly, reliever has little or no effect)*

**DIAL 000 FOR
AMBULANCE**

Peak flow (if used) below:

Call an ambulance immediately
Say that this is an asthma emergency
Keep taking reliever as often as needed

☐ Use your adrenaline autoinjector (EpiPen or Anapen)

National Asthma
Council Australia
leading the attack against asthma

nationalasthma.org.au

* Peak flow not recommended for children under 12 years.